



The Knights Scroll

Monthly Newsletter of the Albert E. Chipman Council # 11042
Knights of Columbus



Volume 5

October 2000

Council Officers

Grand Knight

Frank Gerloff 746-1515

Past Grand Knight

Dave DeHetre 746-1645

Chaplain

Fr. Jim Begley 746-4911

Deputy Grand Knight

Marty Thomas 746-1824

Chancellor

Jeff Soniat 746-9671

Recorder

Ron Reger 550-0659

Financial Secretary

Ed Lucas 746-9671

Treasurer

Paul Byrnes 746-1245

Lecturer

Ray Santucci 730-2340R

Advocate

Dan Riley 746-0514

Warden

Mike Matassa 266-7856

Inside Guards

Bob Kemmler 746-7772

Dan Baird 730-3530

Outside Guards

Mike Smith 730-0497

Scott Wyatt 746-4497

Trustee 3 Year

Dave DeHetre 746-1645

Trustee 2 Year

Tad Stilwell 730-9640

Trustee 1 Year

Stephen Gerloff 730-0319

District Deputy

Tad Stilwell 730-9640

Grand Knight's Message

I'm too busy!



How am going to manage all that I have to accomplish this week? I have that power point presentation to complete by Thursday for my boss and I haven't even given any thought as to what the main theme should be. Jimmy starts football practice tonight and has it every night this week. Betty and Sarah have R.E. class at Redeemer tonight and Kim (wife) cannot pick them up because she has a Creative Memories meeting that I have completely forgotten about. Jimmy is going camping this weekend with the boy scouts and I am supposed to go as a chaperone. Fiddlesticks, I forgot, the race

is in town this weekend. How am I going to go camping with my son and go to the race at the same time? Oh my, I promised Kim that we would get a baby sitter and go to dinner and a movie this Wednesday. I think I have a K of C business meeting this week, or was that last week? I wonder what mass we will attend this weekend. I need to call my Mother and brother to see how they are doing! I promised myself that I would get to the gym at least three times this week and I set a goal back in January for 10 minutes of Prayer first thing in the morning and I haven't stuck to my commitment. How am I going manage all that I have to do this week? When am I going to rid myself of this anxiety? I need to free myself of over committing!

Brothers, can you relate to the frustration level that this poor brother feels right now? Perhaps you know exactly how he feels because you go through the same mental exercise every day! If you do, you are not alone! The problem that all of us face is a thing called Marginless Living.

Dr. Richard Swenson wrote a book called *MARGIN*, "How to Create the Emotional, Physical, Financial, & Time Reserves You Need." He describes his theory of marginless living: "Margin is the space that once existed between ourselves and our limits. It's something held in reserve for contingencies or unanticipated situations. It's the gap between rest and exhaustion, between breathing freely and suffocating."

Dr. Swenson believes that as a society, we have forgotten what margin is. In the pressures to succeed, to climb the corporate ladder, time (margins) has been devoured. He's convinced that we have to break the addiction of focusing on getting ahead. Swenson says, "It is God the Creator who made limits, and the same God placed them within us for our own protection."

He suggests that we need to think about simplifying our style of living. The following information has been a great reminder for me over the years. I've kept these statements visible in my daily planner and I encourage you to locate a place in your planner so your can refer to them when things get a little chaotic:

POSSESSIONS AND FINANCES

- Cultivate contentment, desire less.
- Resist covetousness.
- Resist consumerism.
- Wage war against advertisements.
- Buy things for their usefulness rather than their status.
- De-accumulate.
- Share possessions.
- Offer the use of your possessions-don't make others ask.

COMMITTEE

CHAIRMEN

Church

Jack Murray 746-7569

Council

Mark Borysewicz 550-2895

Youth

Roy Theisen 264-9393

Community

Bob Kemmler 746-7772

Family

Norm Gallagher 746-4686

John Keymont 746-3952

Fraternal

Paul Byrnes 746-1245

John Barrow 746-3301

Historian

PGK Joe Suarez 746-4835

Crusade for Life

Jack McNeice 559-5558

Bob Rotermund 932-8865

KOVAR

Dan Riley 746-0514

Rich White 559-5655

Recruitment

Stephen Gerloff 730-0319

Membership

Mike Smith 730-0497

Retention

Dans Nelson 746-7481

SCAN

Mark Borysewicz 550-2895

Paul Byrnes 746-4686

Scouting

Mike Bonelli 779-3298

Dave Jackson 559-1649

Squires

Dave DeHetre 746-1645

Telephone

Bob Gunn 746-0024

Keep Christ In Christmas

Lin Diacont 430-9047

Charity

Kirk McClure 730-7740

Cheers

Paul Byrnes 746-1245

Bill Taylor 746-2077

Frank Gerloff 746-1515

Newsletter

Mike Roberts 730-4121

Ed Ceol 559-7761

Insurance Agent

Micheal D. Choate

(540)967-3269

Continued from Grand Knight's Message

- Develop a network of exchange.
- Avoid overindulging-for example, toys, food, movie viewing with family, etc.
- Avoid impulse buying.
- Don't buy anything if the time and money spent on it compete with family, service, and God.
- Avoid debt if possible.
- Don't buy now, pay later.
- Avoid credit cards if they are a problem.
- Reject fashion, especially fads.
- De-emphasize respectability.
- Simplify your wardrobe-give away excess.
- Learn how to make do with a lower income instead of a higher one.

PACE AND ATMOSPHERE

- Slow down.
- Do not exhaust your emotional bank account.
- Lie fallow.
- Say no.
- Enjoy peaceful music.
- Control/restrict/eliminate television watching.
- Get a remote control set and turn off advertisements.

RELATIONSHIPS

- Cultivate closeness with God.
- Schedule "simple" dates with your spouse.
- Teach your children.
- Enjoy family field trips.
- Practice regular hospitality.
- Help each other, emphasize service.
- Encourage others.
- "Always speak the truth and you'll never be concerned with your memory."
- Don't judge.
- Learn to enjoy solitude.

APPRECIATION

- Send cards of encouragement and appreciation when others are not expecting it.
- Be grateful for things large and small.
- Emphasize a joyful life.
- Appreciate creation.

SPIRITUAL LIFE

- Make the Word central.
- Meditate, memorize.
- Pray.
- Encourage simple worship.

ACTIVITIES

- Make your commitments simple.
- Don't overwork.
- Fast periodically from media, food, and people.
- Elevate reading, go to the library.
- Simplify Christmas.
- Write down those things you need to remember and forget everything else.

NUTRITION AND EXERCISE

- Exercise.
- Bike or walk.
- Make your recreation active rather than passive.
- Develop healthy sleep habits.

Continued from Grand Knight's Message

- Frequent a co-op.
- Whenever possible, buy food directly from those who grow it.
- Garden.

Unfortunately, I was unable to make our district's second-degree ceremony that was held on Wednesday, September 20th, 2000 at council 395. Eight Brothers received their second degree and they are as follows:

Chris Bevins, Bob Birmingham, Dave Bodman, John Castelvechi, Mike Foley, Dave Jackson, Mike Martin, and Teelo Rutledge.

CONGRATULATIONS!

I'd like to extend my appreciation to Brother Paul Byrnes for meeting the above Brothers and "showing them the way" over to council 395 for the degree. We also had several Brothers from our council attend the degree to show their support and I'd like to acknowledge their fraternalism:

Steve Gerloff, Mike Roberts, Ron Reger, Mike Smith, Tad Stilwell, & Dave Wallo

Our District will help conduct a third degree at Saint Johns (Highland Springs Council)

On Saturday, October 7th, 2000. We have 21 Brothers who are eligible to take their third degree. At this time (September 20, 2000) I do not know the arrival time for the degree. If you are listed below, you will be receiving a phone call from me shortly updating you on the times, etc. In the meantime, please do your absolute best to make this degree. Remember from your first degree that you become a full Knight once you take your third degree:

Ross Albert, Dave Allen, Chris Bevins, Bob Birmingham, Dave Bodman, John Castelvechi, Mike Foley, Pat Gies, Kevin Harvey, Dave Jackson, Jerry Johnson, John Keymont, Mike Martin, Steve Martin, Rich Newcomb, Wendell Newell, Mike Panchison, Rich Rhoades, Teelo Rutledge, Tony Vitale, & Mike Zacharias.

I look forward to seeing you at our next Business meeting on Monday, October 2nd, at 7:00 P.M.

Brother Lin Diacont will be our guest speaker for this meeting. Brother Lin has a successful landscaping company and he's going to share with us some helpful grass seeding/fertilizing tips and other landscaping ideas.

God Bless and God Speed,

Frank M. Gerloff, Jr., GK.

Deputy Grand Knight's Message

Brothers:

With the coming of fall our Council activities tend to wind down. September was a relatively quiet month; however, in October we will be celebrating Columbus Day with a gathering of Brothers at the Christopher Columbus monument at the end of the Blvd the weekend of October 8th. Times and dates TBA later. In addition, a Halloween family get together is scheduled for late October. Times and dates TBA later. November is unclear at this time as far as scheduling is concerned with the exception of the 4th

Degree Exemplification, which will take place November 3rd through November 5th in Northern Virginia. Looking ahead to December don't forget our annual Christmas

Dance & Dinner scheduled for Saturday December 9th. Look for further information to follow in coming months. Thanks again to my Committee Chairmen for your outstanding work and to all the Brothers for your dedicated service.

Fraternally Yours,
Marty Thomas, DGK

Church

I am pleased to announce to you, that our 2nd fall retreat is scheduled to be held on Saturday morning December 2, 2000. SK Michael Bonelli has graciously provided his estate for our meeting. The theme of the retreat is "FORGIVENESS". We will have a Keynote Speaker, who along with the rest of the RETREAT TEAM will provide an enlightening religious experience to everyone involved, the time of the retreat will be from 8:45 AM until 12:15 PM. Depending on the weather, we hope that much of the Retreat will be conducted outdoors in Mike and Joanne's beautiful pastoral setting. Plan to bring a lawn chair. Coffee and donuts will be provided in the AM, and pizza and golden beverage in the PM. Sign up sheet will be provided at the October and November meetings. You may also call me at 746-7569 to reserve your presence. Don't forget to attend and support the Redeemer Craft Show on 11/18/00. This is a major fund raising project and we would appreciate any help and support that you can provide. Stop by at my exhibit, I'll be glad to provide you with some unusual gifts.

Thanks, JACK

Membership

This past month has been very exciting from a membership point of view. We welcomed new brothers into the order at a First Degree at our normal business meeting, we had eight brothers advance to the Second Degree of the order at Council 395 and we are going to have a Third Degree here in Richmond in October. Our Membership will continue to grow as a result of a great membership drive in September as well. The interest and support of the community and Father Jim has been wonderful.

We still need volunteers to become First & Second Degree team members. The Second Degree team is almost set but the more the better. If you would like to do a part on these teams please see Mike Roberts at the meeting or contact him at 730-412- or Email FDD8@aol.com.

Remember to keep that Form 100 close at hand and just ask someone "Have you ever thought about being a Knight?" It is that easy.

Family

Hello Brother Knights:

We are planing a Halloween Bon-Fire at the home of Brother Ray Santicci on October 28th starting at 5 PM. Food and games for all ages will be available. This has the potential of being a great annual event so we hope to see you there. More information will be given at the business meeting.

John Keymont / Norm Gallagher

Keep Christ In Christmas

Lin Diacont, Chairman of the "Keep Christ in Christmas" committee, has begun selling Christmas cards. Cards were available for viewing and purchase after masses the weekend of September 10/11 and order forms were distributed to interested parishioners. Order forms will remain in commons on the green kiosk throughout the campaign. Cards are scheduled to be sold again after masses the weekend of November 4/5. and at the annual Craft Bazaar Nov. 18. Plans are being made to sell cards at Ukrops one weekend. More information on this will follow. An article has been submitted to the church newsletter for publication in the October "Good News" and a note will be put in the church bulletin several times throughout the campaign. Lin is soliciting for volunteers for the Nov. 4/5 weekend, Sat., Nov. 18 at the Bazaar and potential support for selling at Ukrops. He will also need help the evenings of Thursday, Nov. 16, and Friday, Nov. 17, to assist in setup at the Craft Bazaar in tradeoff for our getting a free booth. Anyone interested in helping in any way, please contact Lin at 730-9047 (home), 550-3486 (office) or 641-6198 (cell).

At our August and September meetings, Lin requested that each Brother Knight purchase a minimum of 1 box of Christmas cards in support of this campaign. Cards will be available at each Knights' meeting between now and Christmas. Please help your Brother Knights by supporting this campaign. He also is encouraging you to take some order forms and sell these to your family and friends. Thanks for all of your support. May God bless each and every one of you.

Editors Note

I would like to make a comment and hope that what I say here is taken in the true spirit of brotherhood. Our last business meeting ran a little long as we had a First Degree and a guest speaker (at the last minuet). I would like to say that concerns that were expressed to me personally and I'm sure expressed to others as to the length of the meeting has been relayed to our Worthy Grand Knight. At the directors meeting our Grand Knight took it upon himself to apologize to those present for the length of this meeting. He has already taken steps to insure that this doesn't happen again by working with our Worthy Deputy Grand Knight and Committee Chairs. Lets keep in mind that sometimes emergency needs do happen and I feel that at least the Church RE Director thought of us as a means to help out the community and that says a lot for our Council. Please do not let one long meeting put a damper on your attendance of business meetings. From personal experience as a District Deputy and now as a District Warden attendance at business meetings and membership is the life blood of a Council and Brothers I think we have the best of both of these here in the greater Richmond area.

Food For Thought

The Dollar Bill

A lesson for our citizens in the United States of America as our country gets ready to select two individuals; one that will become our next President.

Take out a one-dollar bill and look at it. The one-dollar bill you're looking at first came off the presses in 1957 in its present design. This so-called paper money is in fact a cotton and linen blend, with red and blue minute silk fibers running through it. It is actually material. We've all washed it without it falling apart. A special blend of ink is used, the contents we will never know. It is overprinted with symbols and then it is starched to make it water-resistant and pressed to give it that nice crisp look.

If you look on the front of the bill, you will see the United States Treasury Seal. On the top you will see the scales for the balance-a balanced budget. In the center you have a carpenter's T-square, a tool used for an even cut. Underneath is the Key to the United States Treasury. That's all pretty easy to figure out, but what is on the back of that dollar bill is something we should all know.

If you turn the bill over, you will see two circles. Both circles, together, comprise the Great Seal of the United States. The First Continental Congress requested that Benjamin Franklin and a group of men come up with a Seal. It took them four years to accomplish this task and another two years to get it approved.

If you look at the left-hand circle, you will see a Pyramid. Notice the face is lighted and the western side is dark. This country was just beginning. We had not begun to explore the

West or decided what we could do for Western Civilization.

The Pyramid is uncapped, again signifying that we were not even close to being finished. Inside the capstone you have the all-seeing eye, an ancient symbol for divinity. It was Franklin's belief that one man couldn't do it alone, but a group of men, with the help of God, could do anything. "IN GOD WE TRUST" is on this currency. The Latin above the pyramid, ANNUIT COEPTIS, means, "God has favored our undertaking." The Latin below the pyramid, NOVUS ORDO SECLORUM means, "A new order has begun." At the base of the pyramid is the Roman numeral for 1776.

If you look at the right-hand circle, and check it carefully, you will learn that it is on every National Cemetery in the United States. It is also on the Parade of Flags Walkway at the Bushnell, Florida National Cemetery and is the centerpiece of most heroes' monuments. Slightly modified, it is the seal of the President of the United States and it is always visible whenever he speaks; yet no one knows what the symbols mean.

The Bald Eagle was selected as a symbol for victory for two reasons: first, he is not afraid of a storm; he is strong and he is smart enough to soar above it. Secondly, he wears no material crown. We had just broken from the King of England.

Also, notice the shield is unsupported. This country can now stand on its own. At the top of that shield you have a white bar signifying congress, a unifying factor. We were coming together as one nation. In the Eagle's beak you will read, "E PLURIBUS UNUM," meaning "one nation from many people."

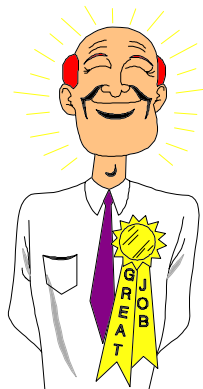
Above the Eagle you have thirteen stars representing the thirteen original colonies and any clouds of misunderstanding rolling away. Again, we were coming together as one. Notice what the Eagle holds in his talons. He holds an olive branch and arrows. This country wants peace, but we will never be afraid to fight to preserve peace. The Eagle always wants to face the olive branch, but in time of war, his gaze turns toward the arrows.

They say that the number 13 is an unlucky number. This is almost a worldwide belief. You will usually never see a room numbered 13, or any hotels or motels with a 13th floor. But, think about this:

13 original colonies,
13 signers of the Declaration of Independence,
13 stripes on our flag,
13 steps on the Pyramid,
13 letters in the Latin above,
13 letters in "E PLURIBUS UNUM",
13 stars above the Eagle,
13 plumes of feathers on each span of the Eagle's wing,
13 bars on that shield,
13 leaves on the olive branch,
13 fruits, and if you look closely,
13 arrows.

And for minorities: the 13th Amendment.

Why don't we know this? Your children don't know this and their history teachers don't know this. Too many veterans have given up too much to ever let the meaning fade. Many veterans remember coming home to an America that didn't care. Too many veterans never came home at all. Tell everyone what is on the back of the one-dollar bill and what it stands for, because nobody else will.



**SPECIAL RECOGNITION GOES TO
BROTHER GEORGE KRAYNACK
FOR THE MASTERFUL
CRAFTSMANSHIP HE HAS
DEMONSTRATED IN DESIGNING
AND BUILDING 11042'S NEW
PODIUM.**

“THANK YOU AND GOD BLESS YOU & YOUR TALENT”



SCOUTS



I would personally like to thank all the brothers and their families for attending the Knights summer picnic as you made it a special event. Special thanks go out to Father Jim for starting the picnic with Mass and Dave Tinney for the wonderful music he provided. Thanks go out to all who helped (Cooking, Grass-cutting, etc.) You know whop you are. Thank you Scott for the wonderful pig and all your hard work.

Scouting:

The boys held a Court of Honor where they received their awards. Bob Birmingham has signed on to help with the troop in whatever capacity needed and has already helped on the ongoing Eagle project at the church. In case you are not aware he is a new Knight and has taken the challenge to become ACTIVE...

The Cub pack is growing and it is possible it could triple this year.

If you know a boy interested in the Scouts please call Mike Bonelli (Boy Scouts) at 779-3298 or Dave Jackson (Cub Scouts) at 559-1649.

God Bless
Mike Bonelli

The Knights Scroll
Knights of Columbus
Albert E. Chipman
Council # 11042
8275 Meadowbridge Road
Mechanicsville, Virginia 23116

Mailing
Address
Goes
Here

Do you have email?

If you have and use email, please let us know. Simply send an email to admin@kofc11042.org and include (1) your real name (sometimes those clever email addresses can be quite confusing) and (2) Yes or no to the question “Would you like to be notified of council information and news via this email address?” I will respond to your email message once I receive it.

And please visit our web site at <http://kofc11042.org>!

Ron Reger, Webmaster

JOIN US

Next Business Meeting
Monday October 2nd, 2000



The Knight's Scroll is published by and for the membership of Knights of Columbus, Albert E. Chipman Council # 11042. The views expressed therein are not necessarily those of the Knights of Columbus or Council # 11042.