



# The Knights Scroll

Monthly Newsletter of the Albert E. Chipman Council # 11042  
Knights of Columbus



Volume 5

October 2001

## Council Officers

### Grand Knight

Marty Thomas 478-4825

### Past Grand Knight

Frank Gerloff 779-1645

### Chaplain

Fr. Jim Begley 746-4911

### Deputy Grand Knight

Jeff Soniat 746-9671

### Chancellor

Bob Birmingham 746-9122

### Recorder

Mike Martin 559-5858

### Financial Secretary

Ron Reger 550-0659

### Treasurer

Paul Byrnes 746-1245

### Lecturer

Rich White 559-5655

### Advocate

Dan Riley 746-0514

### Warden

Bill Taylor 746-2077

### Inside Guards

Bob Kemmler 746-7772

Dan Baird 730-3530

### Outside Guards

Jeff Decker 559-4070

George Kraynak 746-4116

### Trustee 3 Year

Frank Gerloff 779-1645

### Trustee 2 Year

Dave DeHetre 746-1645

### Trustee 1 Year

Tad Stilwell 730-9640

### District Deputy

Ed Gillikin, Sr. 737-7628

## Grand Knight's Message



Dear Brothers:

My message for this month will deal entirely with the tragic events our Nation has experienced since 09/11/01. Please continue to pray for those families who lost love ones, those still missing and for the heroic men and women who are risking their lives in hopes of finding life. In addition, pray for our Country, our Leaders and the Men and Women of the Armed

Services who are about to be placed "In Harms Way" as well as those who have been called to protect the Homeland.

We as devote Catholics have always cherished "Life" and our Liberties, but at this time, take an extra moment to thank GOD for our Faith, our Families and our Freedom. And make it a daily habit not to leave for work or close your eyes to sleep without first telling your wives, children and family how much you Love them.

Lastly, I'm sure many of you know of a person or family who was directly victimized by this tragedy. Pray for them especially Kirk and Clare McClure whose Brother-in-Law Chuck Costello is reported missing in the WTC collapse after going in to rescue victims.

Remember to Pray each day since it is our strongest defense against evil. May God Bless you and your families and May God Bless America!

Vivat Jesus!

Marty Thomas, GK

## COMMITTEE CHAIRMEN

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### Church

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### Council

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### Community

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Jim Connolly 730-1184

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### Family

Norm Gallagher 746-4686

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### Fraternal

Paul Byrnes 746-1245  
John Barrow 746-3301

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### Historian

PGK Joe Suarez 746-4835

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### Crusade for Life

Steve & Debbie Preston  
559-9952

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### KOVAR

Bob Birmingham 746-9122

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### Recruitment

Stephen Gerloff 730-0319

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### Membership

Mike Smith 550-1388

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### Retention

Dana Nelson 746-7481

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### SCAN

Mark Borysewicz 550-2895

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### Scouting

Mike Bonelli 779-3298  
Dave Jackson 559-1649

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### Squires

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### Telephone

Bob Gunn 746-0024

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### Keep Christ In Christmas

Lin Diacont 730-9047

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### Charity

Kirk McClure 730-7740

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### Cheers

Paul Byrnes 746-1245  
Bill Taylor 746-2077  
Tad Stilwell 730-9640

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### Organ Donation

Dan Baird 730-3530

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### Meals On Wheels

John Barrow 746-3301  
Pat Gies 746-7819

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### Newsletter

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### Insurance Agent

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## FRATERNAL

### BIRTHDAYS

MIKE MARTIN	10-5
JIM VITALE	10-9
LEROY SAVAGE	10-11
BOB MILLER	10-12
BYRON LEMARE	10-15
BILL MAZEIKA	10-18
RICK BOWLES	10-21
STEPHAN HILL	10-24
STEVE PRESTON	10-24
PAT QUISENBERRY	10-25
JIM CONNOLLY	10-26
DANA NELSON	10-26
JEFF UERZ	10-27
DAVE WORLAND	10-27
GREG WOODLE	10-28
ROY THEISEN	10-31

### ANNIVERSARIES

MIKE & DEBBIE LOWRY	10-1-76
<b>HAPPY 25TH</b>	
CHUCK & CHERYL TOOMBS	10-1-94
JOHN & FRAN POHIDA	10-6-62
KEN & KATHY RITZ	10-6-99
TONY & KELLIE VITALE	10-6-90
DAVE & PAULA DEHETRE	10-10-92
SCOTT & GINNY LYSINGER	10-10-98
BOB & PENNY ROTERMUND	10-11-58
TOM & JOANNE SCHNURMAN	10-12-98
DAN & SUZY AUNSPACH	10-14-89
DAVE & YVONNE ALLEN	10-18-80
JOHN & JAN VITALE	10-20-77
KIRK & CLARE MCCLURE	10-23-82
RICH & PAT LAUGHLIN	10-26-74
BILL & INEZ MAZEIKA	10-26-57
RAY & ANN SANTUCCI	10-27-84
DENIS & PATRICIA POPP	10-28-79
WAYNE & CLAUDIA SAUNDERS	10-28-67

### **PLEASE KEEP THESE FRIENDS IN YOUR PRAYERS**

ROSS ALBERT \* FATHER OF LIN DIACONT \*\* WALTER & CLARA HARRIS \*\* BOB HUNRATH \*\* LISA LIPPA  
INEZ MAZEIKA \*\* CLARE MCCLURE & HER SISTER \*\* BOBBIE MURRAY \*\* DANA NELSON  
SISTER OF JOHN POHIDA \*\* DEWEY POURCIAU \*\* MOTHER OF NOREY REGER \*\* SON OF KEN RITZ  
EVA TAYLOR \*\* BROTHER OF DAVE WALLO \*\* JOHNNY WARD \*\* ANN WILLIAMS

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Please keep Tommy Knox and his wife and family in your prayers. I played rugby with him and his 2 brothers when I lived in NJ. It just goes to show you regardless of the distance, this terrible event touches alot of people. I saw him last in July and he will be greatly missed. He was married for less than one year.

Thanks, Bob Birmingham

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### Thomas Knox

Age: 32

City of Residence: Hoboken, NJ

Employer: Cantor Fitzgerald

Physical Description: Height 5' 10", weight 175-180 lbs., green/blue eyes;  
wearing burgundy golf shirt, khaki pants

Distinguishing Characteristics: Broken nose, appendix removed, both knees  
operated on, broken left rib, bump on left side

Last seen: WTC Tower 1, 105th floor

Case Number: N/A

Additional information: N/A

## Special Intentions

Please pray for Clare's sister Mary, her family and especially Mary's husband Chuck Costello. Chuck, (a brother Knight), is an elevator mechanic in NYC and was working 2 blocks away from the WTC at the time of the crashes. He was last seen yesterday around 9 AM voluntarily going into one of the WTC towers to help get people out, etc., when the tower collapsed. We are keeping closely in touch with Clare's family for any news. Please remember Chuck, his family and everyone else this tragedy has touched in your prayers.

### KIRK

Dear Heavenly Father,

We are moved by the alarming news and crisis that our country is facing. This, the greatest nation, founded in the belief that "In God We Trust" & the "Land of the Free". Please have mercy on those suffering, hurting and in fear, and give wisdom & strength to those who are assisting. May the forces of evil be broken by your power and may we humble before thee, our strength and refuge.

Give wisdom to all, our President & our leaders, and bring your comforting peace through the power of your Holy Spirit. Help us here to reach to those that have been affected by this tragedy. In the name of our Lord and Savior, Christ Jesus.

AMEN

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### Just A Simple Question

NOW that the President has called us to prayer....  
NOW that Congress has called us to prayer....  
NOW that our Governor has called us to prayer....  
NOW that the city Mayor has called us to prayer....  
NOW that the "liberal" media and most other branches of our American society have called us to prayer....  
AND NOW that our churches are assembling in special prayer....

"Honorable" Justices of the Supreme Court, I have only one question..

Would it be O.K. to pray in our schools.....?

## CHEERS AND DIAMOND

Thanks to all who gave of their time and talent at Browns Island for Cheers and at the Diamond this year. These two major fund raisers were a complete success.

Those who worked 1 to 3 times

Dave Allen\*Greg Austin\*Dan Baird\*John Barrow\*John Bartos\*David Berberich\*Donnie Berberich\*Dave Bodman\*Mike Bonelli\*Mark Borysewicz\*Dan Burke\*Ed Cadieux\*Mike Chudoba\*Mark Condon\*Ed Cutright\*Andy Davis\*Lin Diacont\*Bill Dougherty\*Frank Eckert\*Norm Gallagher\*Terry Gay\*Pat Gies\*Rick Gillespie\*Bob Gunn\*Kevin Harvey\*Jack Hayek\*Wes Keck\*Bob Kemmler\*John Keymont\*Byron Lamare\*Joe Lemon\*Mike Lippa\*Steve Martin\*Joe Massino\*Owen Matthews\*Kirk McClure\*Joe Mcfadden\*Jim Mcmanus\*Bill Michie\*Ricky Mitchell\*Clint Norris\*Jack Ohara\*Bob Perkins\*Steve Phillips\*Dick Prezioso\*Pat Quisenberry\*Teelo Rutledge\*Jeff Ryan\*Tim Ryan\*Ray Santucci\*Brian Smith\*Mike Smith\*Steve Sparagna\*Tommy Sties\*Tad Stilwell\*Joe Suarez\*Mike Teegarden\*Norbert Tinnes\*Chuck Toombs\*Jeff Uerz\*Tom Verdiccio\*Tony Vetrano\*Tony Vitale\*Phillip Walsh\*Rich White\*Scott Wyatt\*Mike Zacharias\*

Those who worked 4 to 6 times

*John Castelvechi\*\*Bubba Crawford\*\*Jeff Decker\*\*Dave Dehetre\*\*Rob Dileo\*\*Bob Doutney\*\*Joe Drust\*\*John Fidor\*\*Mike Foley\*\*Frank Gerloff\*\*Steve Gerloff\*\*Craig Holl\*\*Bob Jennings\*\*Bubba Kauffmann\*\*Rich Laughlin\*\*Mike Lowry\*\*Mike Martin\*\*Jack Mcneice\*\*Jim Nettles\*\*John Pohida\*\*Steve Preston\*\*Joe Quetsch\*\*Dan Riley\*\*Mike Roberts\*\*Fitz Rogers\*\*Lewis Smith\*\*Ed Soniat\*\*Jerry Stack\*\*Marty Thomas\*\*Dave Vermeer\*\*Johnny Ward\*\*Dave Worland*

Those who worked 7 to 10 times

Dan Aunspach\*\*\*Bob Birmingham\*\*\*Mark Evans\*\*\*Ed Lucas\*\*\*Bill Molnar\*\*\*Robert Moran\*\*\*Jack Murray\*\*\*Bob Seifert\*\*\*Roy Theisen\*\*\*Dave Wallo

Those who worked 11 to 15 times

*Jim Connolly\*\*\*Mike Matassa\*\*\*Rich Newcomb\*\*\*Pat Reilly\*\*\*Jeff Soniat\*\*\*Mark Stevens\*\*\*Alan Tuck\*\*\**

Those who worked 15 or more times

**Paul Byrnes\*\*\*\*Ed Ceol\*\*\*\*George Kraynak\*\*\*\*Bill Taylor**

These figures do not include those who worked for the 4<sup>th</sup> degree in addition to these numbers. Bill Taylor appreciates those knights who worked those events as well.

Thanks also to the wives, children and friends who also helped.

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### CHEERS COMMITTEE

### ENTERTAINMENT BOOKS

These books are now in. They will be available at our next general meeting on Oct 1 or call Paul at 746-1245. Price is \$30.00

## Chancellor Report



Brothers:

I would like to thank the council for supporting the Pancake Breakfast in September, benefiting KOVAR (Knights of Virginia Assistance for the Retarded). I especially want to thank our kitchen and serving crew and all of

the brothers who assisted in any way. We raised \$421.00 for KOVAR. This fundraiser would not have been successful without the assistance of the council.

Please remember that if you contribute to the United Way drive, you can direct your contribution to KOVAR. Our council gets credit towards our annual KOVAR fundraising goal for each contribution given through the United Way. I will need a copy of your contribution form to get the credit for our council.

If you choose not to contribute to United Way, but want to make a contribution to KOVAR, let me know and I will assist you with that generous endeavor

On October 7, 2001 from 8:30 until 12:00 noon we will have a Pancake Breakfast to benefit BSA Venture Crew 503, which is sponsored by The Church of the Redeemer. The cost will be \$3.00 per person and \$10.00 per family. Please mark your calendars and plan to attend.

I have also included a brief description of the Venture Scout Program for your reading pleasure.

Fraternally Yours,

Bob Birmingham  
Chancellor

## About Venturing

Venturing is a youth development program of the Boy Scouts of America for young men and women who are 14 (and have completed the eighth grade) through 20 years of age.

Venturing's purpose is to provide positive experiences to help young people mature and to prepare them to become responsible and caring adults.

Venturing is based on a unique and dynamic relationship between youth, adult leaders, and organizations in their communities. Local community organizations establish a Venturing crew by matching their people and program resources to the interests of young people in the community. The result is a program of exciting and meaningful activities that helps youth pursue their special interests, to grow, to develop leadership skills, and to become good citizens.

Venturing crews can specialize in a variety of avocation or hobby interests.

## Goals

Young adults involved in Venturing will:

- Learn to make ethical choices over their lifetimes by instilling the values in the Venturing Oath and Code.
- Experience a program that is fun and full of challenge and adventure.
- Become a skilled training and program resource for Cub Scouts, Boy Scouts, and other groups.
- Acquire skills in the areas of high adventure, sports, arts and hobbies, youth ministries, or Sea Scouting.
- Experience positive leadership from adult and youth leaders and be given opportunities to take on leadership roles.
- Have a chance to learn and grow in a supportive, caring, and fun environment.

## Methods

The aims of the Boy Scouts of America are to build character, develop citizenship and foster personal fitness. The Venturing methods listed below have been carefully designed to achieve the aims of the Boy Scouts of America and meet the needs of young adults.

- **Leadership.** All Venturers are given opportunities to learn and apply proven leadership skills. A Venturing crew is led by elected crew officers. The Venturing Leadership Skills Course is designed for

all Venturers and helps teach in an active way to effectively lead.

- **Group Activities.** Venturing activities are interdependent group experiences in which success is dependent on the cooperation of all. Learning by “doing” in a group setting provides opportunities for developing new skills.
- **Adult Association.** The youth officers lead the crew. The officers and activity chairs work closely with adult Advisors and other adult leaders in a spirit of partnership. The adults serve in a “shadow” leader capacity.
- **Recognition.** Recognition comes through the Venturing advancement program and through the acknowledgement of a youth’s competence and ability by peers and adults.
- **The Ideals.** Venturers are expected to know and live by the Venturing Oath and Code. They promise to be faithful in religious duties, treasure their American heritage, to help others and to seek truth and fairness.
- **High Adventure.** Venturing’s emphasis on high adventure helps provide; team-building opportunities, new meaningful experiences, practical leadership application, and life-long memories to young adults.
- **Teaching Others.** All of the Venturing Awards require Venturers to teach what they have learned to others. When they teach others often, Venturers are better able to retain the skill or knowledge they taught, they gain confidence in their ability to speak and relate to others and they acquire skills that can benefit them for the rest of their lives as a hobby or occupation.

## Ethics in Action

An important goal of Venturing is to help young adults be responsible and caring persons, both now and in the future. Venturing uses “ethical controversies” to help young adults develop the ability to make responsible choices that reflect their concern for what is a risk and how it will affect others involved. Because an ethical controversy is a problem-solving situation, leaders expect young adults to employ empathy, invention, and selection when they think through their position and work toward a solution of an ethical controversy.

## A TRIBUTE TO THE UNITED STATES

This, from a Canadian newspaper, is worth sharing. America: The Good Neighbor.

Widespread but only partial news coverage was given recently to a remarkable editorial broadcast from Toronto by Gordon Sinclair, a Canadian television commentator. What follows is the full text of his trenchant remarks as printed in the Congressional Record:

“This Canadian thinks it is time to speak up for the Americans as the most generous and possibly the least appreciated people on all the earth.

Germany, Japan and, to a lesser extent, Britain and Italy were lifted out of the debris of war by the Americans who poured in billions of dollars and forgave other billions in debts. None of these countries is today paying even the interest on its remaining debts to the United States.

When France was in danger of collapsing in 1956, it was the Americans who propped it up, and their reward was to be insulted and swindled on the streets of Paris. I was there. I saw it.

When earthquakes hit distant cities, it is the United States that hurries in to help. This spring, 59 American communities were flattened by tornadoes. No-body helped.

The Marshall Plan and the Truman Policy pumped billions of dollars! into discouraged countries. Now newspapers in those countries are writing about the decadent, warmongering Americans.

I’d like to see just one of those countries that is gloating over the erosion of the United States dollar build its own airplane. Does any other country in the world have a plane to equal the Boeing Jumbo Jet, the Lockheed Tri-Star, or the Douglas DC10? If so, why don’t they fly them? Why do all the International lines except Russia fly American Planes?

Why does no other land on earth even consider putting a man or woman on the moon? You talk about Japanese technocracy, and you get radios. You talk about German technocracy, and you get automobiles. You talk about American technocracy, and you find men on the moon -! not once, but several times - and safely home again.

You talk about scandals, and the Americans put theirs right in the store window for everybody to

Continued from page 6

look at. Even their draft-dodgers are not pursued and hounded. They are here on our streets, and most of them, unless they are breaking Canadian laws, are getting American dollars from ma and pa at home to spend here.

When the railways of France, Germany and India were breaking down through age, it was the Americans who rebuilt them. When the Pennsylvania Railroad and the New York Central went broke, nobody loaned them an old caboose. Both are still broke.

I can name you 5000 times when the Americans raced to the help of other people in trouble. Can you name me even one time when someone else raced to the Americans in trouble? I don't think there was outside help even during the San Francisco earthquake.



Our neighbors have faced it alone, and I'm one Canadian who is damned tired of hearing them get kicked around. They will come out of this thing with their flag high. And when they do, they are entitled to thumb their nose at the lands that are gloating over their present troubles. I hope Canada is not one of those."

Stand proud, America!

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### **IT'S IN THE VALLEYS I GROW**

Sometimes life seems hard to bear, Full of sorrow, trouble and woe  
It's then I have to remember That it's in the valleys I grow.

If I always stayed on the mountain top And never experienced pain, I would never appreciate God's love  
And would be living in vain.

I have so much to learn And my growth is very slow, Sometimes I need the mountain tops, But it's in the valleys I grow.

I do not always understand Why things happen as they do, But I am very sure of one thing. My Lord will see me through.

My little valleys are nothing When I picture Christ on the cross He went through the valley of death; His victory was Satan's loss.

Forgive me Lord, for complaining When I'm feeling so very low. Just give me a gentle reminder That it's in the valleys I grow.

Continue to strengthen me, Lord And use my life each day To share your love with others  
And help them find their way.

Thank you for valleys, Lord For this one thing I know The mountain tops are glorious  
But it's in the valleys I grow!

## October 2001

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Business Meeting	2	3	4	5	6
7 Venture Pancake Breakfast	8	9	10 Bingo @ Hanover Health	11	12	13 State Meeting
14	15 Directors Meeting	16	17	18	19	20
21	22	23	24	25	26	27 Halloween Party State Horseshoe Tour. @ Highland Springs
28 Daylight Savings Time	29	30	31			

## November 2001

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 All Saints Day	2 All Souls	3
4	5 Business Meeting First Degree	6	7	8	9	10
11 Veteran's Day	12	13 2nd Degree @ St Ann's Ashland	14 Bingo @ Hanover Health	15	16	17 4th Degree in Richmond
18	19 Directors Meeting	20	21 Presentation of the Blessed Virgin Mary	22 Newsletter Deadline Thanksgiving	23	24
25 Christ The King	26	27	28	29	30	

## Attack on America: Helping your kids understand the unthinkable

by Laura Davis and Janis Keyser

1. **Distinguish between your feelings and your children's feelings.** For parents, one of the most challenging things about this kind of a disaster is the fact that we are having our own reactions at the same time we are called upon to respond to our children. Because children's experiences are so highly influenced by our emotions, clarifying the difference between our feelings and theirs is essential.

Each of us perceives events through the lens of our own life experience. For those of us who have lived in countries at war or under siege, terror may be our predominant response to the attacks on New York and Washington DC. If we've lost loved ones through accident or tragedy, old feelings of loss may be re-stimulated. For most of us, feelings of vulnerability, sadness, worry, fear and anger will all jockey for position as we struggle to figure out how to keep our precious children safe in an uncertain world.

Children, who don't share our life experience, will most likely have very different perceptions and reactions than we do. In order for us to clearly focus on what they need, we must first find ways to explore, acknowledge and express our own feelings.

It is essential, however, that our children not be burdened with the full extent of our adult responses. We need to find ways to resolve our strongest feelings when we aren't with our children. For some of us, that may mean talking to friends, family members, faith communities or professional counselors. For others, it might mean crying, writing, or finding ways to take meaningful action.

In the hours following the attacks on September 11, many people sat glued to radios or TVs. Others felt compelled to cook a pot of soup, plant something in the garden or to give blood. We all have ways we regain our equilibrium when the world shifts beneath our feet, and it is important that we do those things that help us recapture even a small sense of normalcy and control. It is only from that place of stability that we can give our children the kind of attention they need to explore their feelings and make sense of tragedy.

2. **Share your feelings with your child in age-appropriate ways.** Children learn about the world through their parents and caregivers, as well as through their own direct experience. While the full force of our sadness, helplessness, fear or anger will be overwhelming and scary to children of almost every age, a few tears with our preschoolers and some sharing of our more complex feelings with older children can help them understand the reality and seriousness of the event. Expressing appropriate feelings can provide a useful model to our children. However, since children are so influenced by our feelings, it can sometimes be helpful to encourage them to express their feelings before we share our own.
3. **Listen closely to your children.** Listen to your children with your eyes and your ears. Even before children have the words to express what they are feeling, their bodies and expressions give us clues. Watch for changes in behavior: withdrawing, fighting, crying, clinging, listlessness, testing. Be alert for times when they are more likely to talk—just before sleep, in the car, reading time, when they are alone with you, while you are cooking dinner. Try to make yourself available at their chosen time. They may not know how to access that feeling again later, when you are free. Listen for a long time before you offer your opinion or ideas. Often, we jump in with advice, information or reassurance before we really know what our children are thinking and feeling.
4. **Help kids understand, identify and express their feelings.** Learning how to recognize what we are feeling is not an easy task, especially in a culture that values certain feelings and shuns others. If you see your child having a feeling, you can ask a question or offer a suggestion. "Can you tell me about your feeling?" or, "You look like you might be feeling sad," or "I wonder if you are feeling scared." Remember, too, that anger is often a cover for other emotions. If your child seems unusually angry, there may be fear and helplessness lurking beneath.
5. **Ask open-ended questions.** Sometimes children need encouragement to keep talking. Open-ended questions such as: "What else are you thinking about?" "How do you feel about that?" "Tell me more about your idea?" "What do you think would happen then?" "How do you think those people feel?" may encourage children to explore more of their own thoughts. You can also just wait attentively for children to sort through what they want to say. Give them the gift of your time and attention.

6. **Remember that talking and expressing feelings is part of the healing process.** It can feel worrisome to see our children in the throes of fear or anger. In response, we may want to try to distract them or short-circuit their expression of feelings. It is helpful to remember that positive (not hurtful) expression of feelings is the most empowering healing tool we have. Keeping feelings tucked neatly inside only leads to confusion, misdirection and poor health, not just for our children, but for us as well.

7. **Be judicious about the media your children are exposed to.** Depending on their age, children will naturally be exposed to various levels of media coverage. For children under seven, you may be able to limit the images they see. As fascinated as we are with watching all of the details immediately on TV, it can be very scary for young children who don't have our experience or perspective on the world. For instance, you have probably flown in a plane many times. Your young child has probably flown a few times, at most. You know, experientially, that most planes don't crash, but your child doesn't have that breadth of experience or the ability to think abstractly about the thousands of planes flying successfully to their destinations every day. He is more likely than you to believe that the next plane he gets on will probably crash into a building. Or a child might get scared of being in tall buildings, since their only experience with tall buildings is seeing one blow up on TV.

If you have to get your news while your children are around, reading the paper or listening to the radio are less scary for your young child, than watching TV. Remember, also, that even if they are in the room (seeming like they are not watching) and you have the TV on, they are often paying some attention, especially if a disaster comes on.

For older children, it is important to watch, hear, or read the coverage with them. That way, you are there to talk with them as their fears, questions and concerns come up.

8. **Take action.** While most of us are experiencing feelings of powerlessness right now, there are many important things we can do. Our helpless feelings can lead us in many directions—some may be tempted to batten down the hatches to create a safe little cell amidst a dangerous world. Others like to turn feelings of fear and powerlessness into anger and a thirst for revenge. When terrible things happen, we are eager to identify an enemy so that we can work out our vulnerable feelings. By punishing the “bad guy,” we try to convince ourselves that this travesty won't happen again, but in reality, it is the punishment mentality that created this disaster in the first place.

When the unthinkable happens, we face a choice. We can escalate the crisis through our response or we can take our power and create a different kind of world, starting with our families and our communities. We have the power to help our children understand how violence happens. We have the power to work to create the safest communities and neighborhoods possible so our children can feel confident about the world they inhabit. Taking positive action is not only necessary for the health of our world; it is essential

for the survival of our optimism. We can make a difference by:

- Sending help directly to the people who are affected
- Offering support to families who are fearful or stressed
- Helping young people organize to offer assistance to families involved in the disaster
- Taking a stand against racism, making sure that we don't tolerate individuals being targeted because of their ethnicity

9. **Spend time as a family.** Your kids need you more than anything right now. Think of family time as time where children learn how to communicate, play, listen to and respect the feelings of others. Focus on being together, doing projects together, playing together. Limit time spent watching TV or playing video games. Those activities don't further a child's sense of connection to family. And in a crisis, what you child needs is to feel connected.

## Talking to children of different ages

Children understand the disaster in terms of their own developmental level and personalize it to their own experience. It is important to talk to children honestly and in ways they can comprehend about what happened. Giving them too much information can be scary and confusing. There are ways to be honest with children at each developmental level without overwhelming them.

## **Preschoolers**

Children between the ages of birth and five years of age think of the world in terms of their direct experience. Three to five year olds might be interested in ambulances, fire trucks, people getting hurt, blood, fire, crashes and buildings falling down. Four and five year olds will also be fascinated with death, although they can't yet fully understand it. One four year old said happily to her mother, "A building came crashing down and lots of people died, but I didn't die!" Young children won't be interested in or able to understand the political significance of what happened.

If children haven't heard about what's happened, it is not necessary to tell them anything. However, if they have seen the news or experienced someone being upset, you could explain, "An accident happened and an airplane hit a building and lots of people were hurt. It is very sad for the people who were hurt and for their families." Children of this age also engage in "magical thinking." They might say things like, "I could just fly up and stop that plane so it wouldn't hit the building." Or, "The next time that happens, I'd throw my magic net up and all the people in the building and plane could jump into it and be safe." It is not necessary correct children's magical thinking. Soon enough they will understand events and their own skills more realistically. Rather, we can appreciate their intention. "You sound like you would work hard to help keep those people safe." "You are full of ideas about how to keep people safe."

Young children may also want to talk about what happened, repeatedly asking the same questions. This is because they are not fully able to comprehend the events or the feelings around them. It is useful to keep answering their questions, to ask them what they think, to see what they think would help. Young children might also want to draw pictures and dictate stories for you to write down.

The most important thing for preschool-aged children is to reassure them that you will keep them safe. If they express particular fears, you can reassure them directly — telling them you don't believe that any planes are going to crash near where they are.

## **Elementary School Children**

Six to twelve year olds are more able to understand events outside their direct experience. They are able to read, so protecting them from information about the events is unlikely. They can comprehend ideas like hijacking, yet it is stretch for them to think about people who are willing to die for their beliefs. This is an age where it is important to listen to children's ideas. They may understand some pieces of the story very clearly and be totally confused about others.

At this age, you can begin to explain what motivates people to act in violent ways. "People who feel angry and hopeless, and who don't know other ways to express their feelings, sometimes hurt others and themselves." You can also ask them to help you think about more positive ways people could express their frustration and anger about their life circumstances.

## **Middle and High School**

We are a culture saturated in media violence with few skills to deal with the feelings associated with real tragedy and fewer ideas about productive responses. Many people who saw the World Trade Center collapse compared it to movies they'd seen.

It is likely that many media-saturated teens will experience confusion about the reality of this situation. Some may laugh it off or ignore it. As parents of these teens, it is important that we don't mistakenly think they are handling things well because they aren't taking it seriously or don't need to talk about it. Many may be avoiding talking about the situation directly because they don't know what to do about the fear, anger, confusion and sadness they are carrying.

It is important to bring it up with them and to ask them what they think about it and how they are feeling. You can also ask them about how they think their friends are handling it. Some teens may be very fearful, as they are old

## Deputy Grand Knight's Message



Brothers,

Cheers and the Diamond are finished for the year and I 'd like to thank the cheers callers for getting the men and women we needed to fulfill or commitments to both of these fundraisers. I'd also like to thank our Diamond team leaders Ed Ceol, George Kraynak, and Paul Byrnes for sacrificing at least fourteen nights at the ballpark. We made up for losing security at cheers by doing the Diamond this year, so this fundraiser proved beneficial to our council and many thanks to all of you that helped out with these two events.

We are selling the Entertainment books again this year. Paul again has taken up the call and is handling the sales of these books. We will make six dollars on the sale of each book.

If you are interested in purchasing one or more of these books give Paul a call.

Paul, once again you have come through for this council and I want to express the appreciation of the council. If there were a mark for the measure of what a true Knight should be you would exceed it a hundred times over. Your constant good works is an inspiration to many of us and is a major reason our council is so successful. You're a great man with a huge heart and I am truly blessed, not only to work with you, but also to know you. Thank you Paul for being the faith filled dedicated man you are.

On October 27th there will be two events the council will be invited to. The first is a horseshoe tournament that will be held at St. John's in Highland Springs. Information on the tournament is on a flyer in the newsletter. The second is a Halloween party being held at brother Santucci's home. Again more information is on a flyer in the newsletter. Please make your best effort to attend one or both of these events.

Fraternally yours,

Jeff

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### Church

Brothers,

We have been given the opportunity by the Church Outreach Committee to become involved in three Outreach Activities. These are:

- Hanover Health Care Center
- Covenant Woods
- Sacred Heart Center

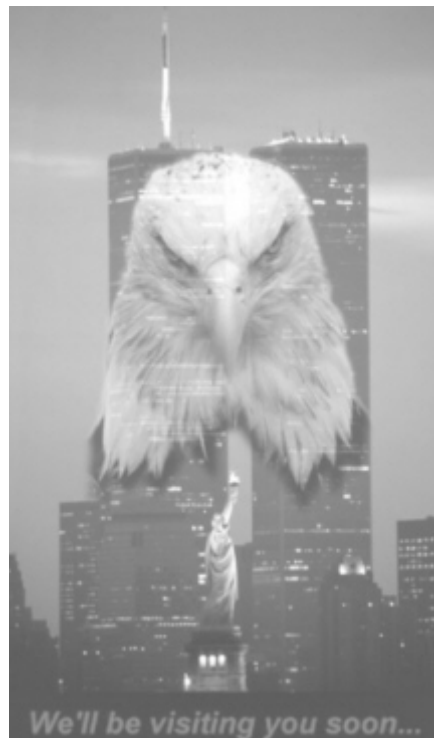
At Hanover Health Care Center and Covenant Woods they are looking for volunteers to visit one-on-one with residents and working in small groups. At Sacred Heart Center volunteers are needed for providing tutoring to middle and high school students.

We would like the membership to think about assisting the Church in these activities. If you have 3 to 6 hours per month to spend with students needing assistance in their studies or the elderly who are lonely and welcome visits from those of us who have the time to spend with them we need you to let us know. We would like to determine how many hours the Knights can pledge to these Outreach Activities.

Think and Pray about these activities and let me know if you can participate.

Fraternally,

Ed Soniat



**WHAT:**        ***HALLOWEEN BON FIRE***

**WHO:**        **KNIGHTS OF COLUMBUS, SQUIRES<sup>9</sup>  
CATHOLIC DAUGHTERS, JUNIOR  
CATHOLIC DAUGHTERS, & CUB  
SCOUT PACK #503**

**WHEN:**       ***SATURDAY, OCTOBER 27***

**WHERE:**      **THE SANTUCCI'S  
6073 PINE SLASH ROAD  
MECHANICSVILLE**

**TIME:**    ***6:00 - 9:00 PM***

You are cordially invited to sip apple cider, roast hot dogs, make samores and share fellowship around a bon fire on Saturday, October 27 from 6 to 9 PM. Weather permitting, of course.

Please bring the whole family along with a side dish and a bag of candy for the piñata. Costumes are required. Anyone not in a costume will be asked to donate \$5, which will be donated to KOVAR.

We will have games for the children to participate in. Hope to see you there. Call if you need directions (730-2340).

# *Knights of Columbus*

## VIRGINIA STATE COUNCIL VIRGINIA STATE COUNCIL 'S ANNUAL HORSESHOE TOURNAMENT

Hosted by: Fr. James J. Scanlon Council #6936

The Virginia State Council's Horseshoe Tournament will be held on Saturday, October 27, 2001, at St. John's Church Woods, 813 W. Nine Mile Road, Highland Springs, Virginia. If postponed by rain the Horseshoe Tournament will be held on Sunday, October 28, 2001. The Horseshoe Tournament will be open only to Brother Knights, their wives and children age 18 and under. Registration Fee is \$25.00 for Doubles and \$15.00 for Singles competition. Make your check payable to "*K of C Horseshoe Tournament*". Advanced Registration is required. Final Registration will be held at St. John's Social Hall from 8:00 to 9:00 am on the day of the Tournament. Horseshoe Doubles competition will begin at 9:30 am and Horseshoe Singles competition will begin at 1:00 pm. Lunch will be provided for each registered player. Lunch for non-players will be available for \$5.00. Refreshments will be available during the Tournament.

Doubles competition will consist of two categories: Group 'A' will be for serious horseshoe players and Group 'Z' will be for occasional horseshoe players who play for the fun of it. Competitors will have a preliminary throw off for ranking. Two ringers from a Group 'Z' player may cause that player to move up to Group 'A'. Singles competition will consist of only one category. Double elimination Horseshoe Rules will govern. Trophies will be awarded to the winner(s) of each category and for Top Ringer.

Plan now to attend and get your Council's team ready for action. Registration Forms are available from your District Deputy and at the October 13, 2001, State Council Quarterly Meeting. Registration Forms must be returned by October 22, 2001. For additional information, contact Ed Gillikin, Sr. at: [edgilli@earthlink.net](mailto:edgilli@earthlink.net); FAX 804-737-4585; or Voice 804-737-7628.

## *Editor's Note*

This newsletter has been dedicated in the most part to the people of New York, Washington & Pennsylvania. The events of these past few weeks have affected people in a variety of ways. I have put some articles and pictures in this addition that at the time I read or saw them they made me feel angry, sad, & proud. In no way am I trying to influence anyone in their feelings but hope that in reading these few selected articles, people with Email have more than likely already seen them, the emotions I felt might be felt by someone else.

In addition I would like to say to all our brothers that now more than ever we need to take heed to the lessons of the degrees that we have obtained. The four principles of our order should be on everyone's mind. Charity, Unity, Fraternity & Patriotism. We should remember the lessons learned in whatever degree we have obtained as I feel at this time in this country our four principals in one way or another are on everyone's mind in the entire country.

Let us keep in our prayers all those who have suffered and worked so hard in this trying time. Let us keep in mind that the enemy is and "wrong no man" because of a religious belief (it wasn't that long ago Catholics were in that category).

We need to keep our children in mind. The article in this newsletter gives some helpful hints if needed. Talk to them, try to answer their questions, pray with them, and try to make them understand this thing we call democracy, freedom and liberty.

This country is in for a long hard struggle to make the world a safe place. With patience, prayer and hard work I know we will do it.

Keep the faith, Vivat Jesus, and GOD BLESS AMERICA.

